



Instructions following the insertion of removable prosthesis (partials, dentures)

Notes:

1. A prosthetic appliance made to replace natural teeth will **never** work as well as your “natural teeth”. The chewing forces are now supported by the gums rather than the teeth.
2. There is always an “adaptation period” before you feel comfortable wearing your new prosthesis*. Your mouth must get used to the appliance and must adapt to new patterns of chewing, talking, etc.
3. A lower partial or denture is always more difficult to get used to due to anatomical factors. (presence of the tongue, less surface for support)

Tips:

1. Eat soft foods for the first few days. Avoid hard foods such as peanuts, steak, etc.
2. Your prosthesis may require a few adjustments before they sit comfortably in your mouth. If it hurts, you may take it out or wear it for a shorter time. However, I would ask you to please wear it at least 6 hours before your adjustment appointment so that we may identify where it is hurting you.
3. For the first 3 weeks, wear your prosthesis night and day removing it only for cleaning.

Home care:

1. Take off your prosthesis at night so that your gums may breathe.
2. Place your prosthesis in water when you remove them for long periods. This will avoid distortion.

3 YEAR LIMITED WARRANTY:

We wish to remind you that your removable prosthesis is under warranty for 3 years (except for wear or breakage) by your treating dentist.

For more information: visit www.ledentiste.com + enter password: 1966